

There are many areas that children often struggle with and have a difficult time coping with. It is our hope to help you and your child manage difficult behaviors, cope with intense emotions, and improve daily functioning.

SOME OTHER TOPICS DURING THERAPY THAT ARE OFTEN COVERED ARE:

- ☐ LEARNING APPROPRIATE COPING SKILLS AND RELAXATION TECHNIQUES
- ☐ CONFLICT RESOLUTION
- ☐ SOCIAL SKILLS
- ☐ UNDERSTANDING DIFFERENT FEELINGS AND RESPONSES TO THEM
- ☐ LEARN BETTER WAYS TO COPE WITH NEW TRANSITIONS

WE ARE AN OUTLET FOR YOUR FAMILY AND AN ADDITIONAL RESOURCE TO HELP YOU & YOUR CHILD WORK THROUGH DIFFICULT TIMES!

Call for More Information or to Schedule an Appointment Today!

Monroe County:

- Heather Bartaway, Medical Support Coordinator: (734) 347-2048

Lenawee County:

- Shelly Proffitt, Medical Support Coordinator: (517) 438-0065

Wayne County:

- Shachara Pullen, Medical Support Coordinator: (313) 969-3812

COST

Your medical insurance carrier will be billed for these services. We accept most Medicaid insurances, as well as commercial insurances. If you are uninsured or under-insured, we also offer discounted services available.



SCHOOL-BASED SERVICES WITH FAMILY MEDICAL CENTER OF MICHIGAN

Family Medical Center partners with Area Schools to provide behavioral health services to children at school, during school hours



YOU ARE NOT ALONE

HOW DOES IT WORK?

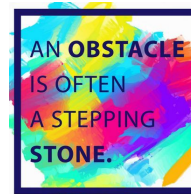
- A behavioral health specialist comes to the school to provide services
- Students will remain in school; therapist will call classroom to have child come to office and have therapy services
- Confidential and individualized therapy
- Less time away from work for parents and school for students
- Increased teacher and parent collaboration with behavioral health providers
- Please call for details.



IS YOUR CHILD/STUDENT EXPERIENCING ANY OF THE FOLLOWING SIGNS OR SYMPTOMS?

AT HOME

- Loss of interest in activities (friends, sports, school)
- Changes in sleeping patterns at night
- Isolation – avoiding friends and/or family
- Behavioral issues (not following directions, breaking rules at home, defiant, increased arguments at home)
- Engaging in dangerous, illegal, or thrill-seeking behaviors



AT SCHOOL

- Trouble focusing, concentrating, remembering information
 - Decreased school performance
 - Lack of friendships or social skills
 - Resistance to attend school
 - Behavioral issues (receiving detentions, suspensions, getting into trouble)
- Feelings of anger, sadness, or anxiety related to school



EMOTIONAL OR PSYCHOLOGICAL

- Frequent aggression, disobedience or lashing out verbally
- Feelings of anger, sadness, hopelessness, anxiety, and/or crying often
- Excessive neglect of personal appearance or hygiene
- Signs of cutting, burning, or other forms of self-harm
- Weight gain/weight loss or change in energy levels
- Substance use or abuse
- Making critical comments about themselves
- Difficulty coping with grief and loss
- History of trauma



SERVICES AVAILABLE THROUGH FMC:

TELEMEDICINE

Students are able to meet with a psychiatrist through Family Medical Center, face-to-face, using a video appointment that is facilitated by onsite FMC staff. An assessment will be completed and appropriate medication can be prescribed.



***Students meet with a FMC behavioral health specialist in-person at the school to receive below assessment, testing, and therapy.

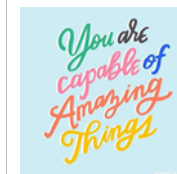
SCHOOL-BASED ASSESSMENTS

Students will be assessed to evaluate the concerns related to the child and determine the appropriate services and interventions needed.



SCHOOL-BASED TESTING

Students will be tested, if needed, for childhood diagnoses, such as ADHD, Oppositional Defiant Disorder, and Conduct Disorder



SCHOOL-BASED THERAPY

Student will receive individualized therapy to develop coping skills and work on symptom and stress management.